

# Enjoying success as a small business owner

DYNAMIC  
CLARITY

## CHALLENGE

The owner of a growing architectural firm was struggling to find that critical balance between work and personal life. His successful business was requiring more time and energy as it grew. Whilst this was very fulfilling, he felt guilty that he was unable to find the time to commit to his personal life. The pressure was building. How could he spend more time with his family and maintain his personal well-being also without compromising the success of his growing business?

## SOLUTION

When the business owner met with us at Harris Black, we explored his problem by completing a "Bike of Life" exercise. Together we identified the issues that were creating the imbalance and collaborated to develop ideas that could bring improvement to his situation without compromising the success of his business. These ideas were turned into actionable tasks and, with regular check-ins and support from his Harris Black team members, the owner built further on this momentum and was able to make long lasting changes.

## OUTCOME

With a clearer understanding of his personal goals and an action plan in place, the business owner is well on his way to rebalancing his work life balance. The business is still improving but the owner now has more time to spend with family, at the gym and to strategically grow his business.

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07 303 202 00

BUSINESS WEALTH LIFECYCLE

START-UP

OPERATE

GROWTH

MATURE

EXIT



## Bike of Life

1. Using the rear wheel, give yourself a score out of 10 by asking yourself 'How satisfied am I?' in each area identified on the wheel.
2. Mark your position on the spoke and join the dots to form your personal wheel.
3. Using the front wheel, complete the same steps above to form your business wheel.
4. Review both wheels and determine which areas need to be adjusted to ensure both wheels turn efficiently.
5. Speak to your Harris Black team member to brainstorm action plans for resolving any problem areas.

